



Nursing is a dynamic profession prone to rapid changes in health care delivery, necessitating the need for nurse continuing education courses. MONA education sessions are dedicated to providing these knowledge-based sessions.

MONA education session can be defined as a meticulously constructed education platform offered by skilled and professional individuals in the relevant sector.

This session's objectives are as follows:

1. To increase the knowledge of orthopaedic clinical nursing.
2. To establish and maintain a high standard of orthopaedic nursing care for patients, ultimately increasing patient and caregiver satisfaction.
3. To improve orthopaedic nurses' communication skills.
4. Maintain current knowledge of the most recent and innovative orthopaedic equipment and technology.
5. Enabling nurses to receive credit points when renewing their nursing license.

## MONA ONLINE ORTHOPAEDIC EDUCATION SESSION



**MONA ONLINE ORTHOPAEDIC EDUCATION SESSION**

**TOPIC : THE IMPORTANCE OF HYDRATION FOR ELDERLY ORTHOPAEDIC PATIENTS**

ORGANIZED BY :  
MALAYSIAN ORTHOPAEDICS NURSES ASSOCIATION MALAYSIA (MONA)  
NO. PENDAFTARAN KELAB : PPM-016-10-16012020

**REGISTER HERE\* :**



Link : [ibit.ly/56DV](https://ibit.ly/56DV)



**PRESENTER**

Mr Paul McLiesh  
Senior Lecturer | Program coordinator MCN  
Adelaide Nursing School | Faculty of Health and Medical Sciences,  
University of Adelaide

**DATE : 18 FEBRUARY 2021**  
**TIME : 5 PM ( MALAYSIA )**

\* THIS IS AN AB COURSE  
\* CPD POINT AND E- CERTIFICATE WILL BE GIVEN  
\* LIMITED TO 90 EARLY BIRDS

On February 18th, 2021, MONA welcomed Mr. Paul McLiesh to speak on the Importance of Hydration for Elderly Orthopedic Patients. The online session began at 5:00 p.m. Malaysian time. Mr. Paul is a Senior Lecturer in the Faculty of Health and Medical Sciences at the University of Adelaide. He is also the Program Coordinator for the Master of Clinical Nursing. He earned a Bachelor of Nursing, a Graduate Diploma in Orthopaedic Nursing, and a Master of Nursing Science from the University of South Australia. He had spent nearly 23 years at the Royal Adelaide Hospital. He is well-known for his interest in Orthopaedic Nursing.

## MONA ONLINE OTHOPAEDIC EDUCATION SESSION

MONA ONLINE ORTHOPAEDIC  
EDUCATION SESSION

**TOPIC : THE PRACTICE OF  
PATIENT EDUCATION  
AMONG PUBLIC  
HOSPITAL NURSES IN  
MALAYSIA**

DATE : 26 MARCH 2021  
TIME : 5 PM ( MALAYSIA )

ORGANIZED BY :  
MALAYSIAN ORTHOPAEDICS  
NURSES ASSOCIATION MALAYSIA  
(MONA)  
NO. PENDAFTARAN KELAB :  
PPM-016-10-16012020

REGISTER HERE\* :  


Link : [ibit.ly/eiwT](https://ibit.ly/eiwT)  
\*LIMITED TO 80 EARLY BIRDS

**PRESENTER**  
NORHAINI MAJID  
SENIOR LECTURER  
CENTRE FOR NURSING STUDIES  
FACULTY OF HEALTH SCIENCES,  
UNIVERSITI TEKNOLOGI MARA  
(UiTM)

\*THIS IS AN AB COURSE  
\*CPD POINT AND E- CERTIFICATE WILL BE GIVEN

Mrs Norhaini Majid, Senior Lecturer at Universiti Teknologi Mara (UiTM), presented her thesis on February 26, 2021. Mrs Puan Norhaini works at the Center for Nursing Studies as a Senior Lecturer.

Mrs. Norhaini's educational program is centered on patient education. Her talk was titled "The Practice of Patient Education Among Public Hospital Nurses in Malaysia."

Puan Haini stressed the necessity of patient education as a means of communication between patients and nurses, as it provides the knowledge required to improve patient care and possibly influence their health outcomes.

## MONA ONLINE OTHOPAEDIC EDUCATION SESSION



MONA ONLINE ORTHOPAEDIC EDUCATION SESSION

**ISOMETRIC EXERCISE:  
NURSING ROLE ON EARLY  
REHABILITATION**

SATURDAY | 10 APRIL 2021 | 11 AM

No. Pendaftaran Kelab :  
PPM-016-10-16012020

**PUAN SHANTHI A/P RAMANATHAN**  
Pengajar Jururawat ILKKM  
Speciality: Musculoskeletal Nursing &  
Rehabilitation, Plaster Casting For 21 Years  
Pursuing Master Of Nursing Sciences Final Year  
At University Malaya

SCAN AND  
REGISTER HERE

\*THIS IS AN A8 COURSE  
\*CPD POINT AND E- CERTIFICATE WILL BE GIVEN  
\*LIMITED TO 80'S EARLY BIRDS ONLY

On April 10, 2021, MONA welcomed Ms. Shanthi a/p Ramanathan to give a talk titled "Isometric Exercise: Nursing Role in Early Rehabilitation."

Mrs. Shanthi is an ILKKM Nurse Educator with 21 years of experience in Musculoskeletal & Rehabilitation Nursing. Ms Shanti is particularly well-known for her skill in the application of plaster cast.

She is now completing her Master of Nursing Sciences at the University of Malaya.

## MONA ONLINE OTHOPAEDIC EDUCATION SESSION

**MALAYSIAN  
ORTHOPAEDICS  
NURSES  
ASSOCIATION**


MONA ONLINE  
EDUCATION SESSION :

**COMPARTMENT  
SYNDROME IN ACUTE  
ORTHOPAEDIC INJURIES**

**SPEAKER :**  
WENDY DUPEROUZEL  
President of Australian  
And New Zealand  
Orthopaedic Nurses  
Alliance  
( ANZONA)

**THURSDAY | 10 JUNE 2021 | 1700H**

REGISTER AT



<https://bit.ly/25XlaEg>

\*THIS IS AN A8 COURSE  
\*CPD POINT AND E-CERTIFICATE WILL BE GIVEN

Ms Wendy Duperouzel is the President of the Australian and New Zealand Orthopedic Nurses Alliance (ANZONA). Ms Wendy was invited to talk on June 10th, 2021, and her presentation titled was "Compartment Syndrome in Acute Orthopedic Injuries."

Wendy explained the pathophysiology of Compartment Syndrome, the care and the complications specifically in Acute Orthopaedic Injuries, during this online webinar. Ms Wendy also discussed her experiences with people suffering from Compartment Syndrome during this session.

Finally, Ms Wendy concluded her speech with a few words of encouragement for Malaysian orthopaedic nurses.



## MONA ONLINE ORTHOPAEDIC EDUCATION SESSION



**MONA ONLINE ORTHOPAEDICS EDUCATION SESSION**

**CARING FOR OLDER PEOPLE WITH MUSCULOSKELETAL PAIN IN THE COMMUNITY**

**SPEAKER**  
**Dr Muhammad Kamil Che Hasan**  
 Dean  
 Kulliyah of Nursing,  
 International Islamic University Malaysia

**Register Here :**



<https://bit.ly/39bnmQG>

**MODERATOR**  
**Ms Shareena Bibi Mohd Arif**  
 President Malaysian Orthopaedics  
 Nurses Association (MONA)

**25th MAY 2022 | 1700H**

Dr. Muhammad Kamil Che Hasan, Dean of Nursing at the International Islamic University Malaysia, was invited to speak at a MONA education session on May 25, 2022. The presentation was titled Caring for Older People with Musculoskeletal Pain in the Community. Musculoskeletal pain is the primary cause of disability years lived. As a result, reducing musculoskeletal pain and the related illness absence is a key challenge. Dr. Muhammad Kamil is an expert in this subject, and he focuses on nurses' contributions to community-based care for older patients with musculoskeletal pain.

## NATIONAL GERIATRIC ORTHOPAEDIC NURSING SEMINAR HIP FRACTURE – BEST CARE. BEST RECOVERY



Hospital Tengku Ampuan Rahimah Klang (HTAR) Orthopedic Nurses, in collaboration with the Institut Latihan Kesihatan Malaysia Sungai Buloh, Selangor, hosted the National Geriatric Orthopedic Nursing Seminar Hip Fracture - Best Care, Best Recovery on September 27 and 28, 2018.

Dato' Sri Dr N. Premchandran (ex-Head of Orthopaedic Service MOH) officiated the seminar. It was held in the Auditorium of the Institut Latihan Kesihatan Malaysia in Sungai Buloh, Selangor . Matron Hajjah Tomblow Ngadiran, Director of Nursing Malaysia, also attended and supported this important event.

The Malaysian Orthopaedic Nurses Association was introduced at this seminar.

This two-day program was able to attract a strong lineup of speakers with both local and international expertise. Mr Paul McLiesh, Orthopedic Lecturer from the University of Adelaide, Australia; Ms Shanti Ramanathan Orthopedic Nursing Lecturer from ILKKM, Kuala Pilah, Negeri Sembilan; Dr. Akmal Hafizah Zamli Head of Rehabilitation Dept of Sungai Buloh Hospital, Selangor; and Matron Shareena.

On the second day of the conference, presenters included Dr Ungku Ameen, Head of Rehabilitation Dept of Tengku Ampuan Rahimah Hospital, Klang, Selangor, and Encik Mohd Zaidey Mohd Nor, Physiotherapist. Ms. Sharon Pickles (Orthopaedic Advanced Nurse Practitioner) was also invited to give a 20-minute presentation titled Sharing Experience: Developing Orthopedic Nursing Competency.



A group photo with Mr. Paul (Orthopaedic Nursing Lecturer from University of Adelaide, Australia), Ms Sharon Pickles (Orthopaedic Advance Nurse Practitioner from Sir Charles Gairdner, Perth Hospital) and the seminar organizing committee members.

---

## Malaysian Orthopaedic Nurses Association

Email: [mona.malaysia20@gmail.com](mailto:mona.malaysia20@gmail.com)